

Durchlaufzeiten 3-Länder-Marathon

Durchlaufzeiten 3-Länder-Marathon			Elite	1.Vorarlberger		1.Vorarlbergerin					
km	Straße	Ort	Erster	02:35	02:45	03:00	03:30	04:00	04:30	05:00	Besenwagen
Start	Seepromenade Lindau (B)	Lindau	11:10:00	11:10:00	11:10:00	11:10:00	11:11:00	11:12:30	11:13:30	11:15:00	11:17:00
1	Kreisverkehr/Auf dem Wall	Lindau	11:13:04	11:13:40	11:13:55	11:14:14	11:15:57	11:18:10	11:19:54	11:22:07	11:25:09
2	Ladestraße	Lindau	11:16:08	11:17:20	11:17:50	11:18:28	11:20:54	11:23:50	11:26:18	11:29:14	11:33:18
3	Ladestraße/Eichwaldstraße	Lindau	11:19:12	11:21:00	11:21:45	11:22:42	11:25:51	11:29:30	11:32:42	11:36:21	11:41:27
4	Eichwaldstraße	Lindau	11:22:16	11:24:40	11:25:40	11:26:56	11:30:48	11:35:10	11:39:06	11:43:28	11:49:36
5	Frauenhofer Straße/Campingplatz Zech	Lindau	11:25:20	11:28:20	11:29:35	11:31:10	11:35:45	11:40:50	11:45:30	11:50:35	11:57:45
6	Radweg Lochau	Lochau	11:28:24	11:32:00	11:33:30	11:35:24	11:40:42	11:46:30	11:51:54	11:57:42	12:05:54
7	Pipeline	Lochau	11:31:28	11:35:40	11:37:25	11:39:38	11:45:39	11:52:10	11:58:18	12:04:49	12:14:03
8	Pipeline	Bregenz	11:34:32	11:39:20	11:41:20	11:43:52	11:50:36	11:57:50	12:04:42	12:11:56	12:22:12
9	Pipeline / Milli	Bregenz	11:37:36	11:43:00	11:45:15	11:48:06	11:55:33	12:03:30	12:11:06	12:19:03	12:30:21
10	Minigolfplatz/Festspielhaus Bregenz	Bregenz	11:40:40	11:46:40	11:49:10	11:52:20	12:00:30	12:09:10	12:17:30	12:26:10	12:38:30
11	Strandweg	Bregenz	11:43:44	11:50:20	11:53:05	11:56:34	12:05:27	12:14:50	12:23:54	12:33:17	12:46:39
12	Strandweg	Bregenz	11:46:48	11:54:00	11:57:00	12:00:48	12:10:24	12:20:30	12:30:18	12:40:24	12:54:48
13	Strandweg	Bregenz	11:49:52	11:57:40	12:00:55	12:05:02	12:15:21	12:26:10	12:36:42	12:47:31	13:02:57
14	Achweg / Neue Radbrücke	Bregenz	11:52:56	12:01:20	12:04:50	12:09:16	12:20:18	12:31:50	12:43:06	12:54:38	13:11:06
15	Unterer Achdam	Hard	11:56:00	12:05:00	12:08:45	12:13:30	12:25:15	12:37:30	12:49:30	13:01:45	13:19:15
16	Auhafendamm	Hard	11:59:04	12:08:40	12:12:40	12:17:44	12:30:12	12:43:10	12:55:54	13:08:52	13:27:24
17	Uferstraße	Hard	12:02:08	12:12:20	12:16:35	12:21:58	12:35:09	12:48:50	13:02:18	13:15:59	13:35:33
18	Mockenstraße	Hard	12:05:12	12:16:00	12:20:30	12:26:12	12:40:06	12:54:30	13:08:42	13:23:06	13:43:42
19	Neulandstraße	Hard	12:08:16	12:19:40	12:24:25	12:30:26	12:45:03	13:00:10	13:15:06	13:30:13	13:51:51
20	Dorfstraße	Fußach	12:11:20	12:23:20	12:28:20	12:34:40	12:50:00	13:05:50	13:21:30	13:37:20	14:00:00
21	Herrenfeld	Fußach	12:14:24	12:27:00	12:32:15	12:38:54	12:54:57	13:11:30	13:27:54	13:44:27	14:08:09
22	Kreuzacker	Höchst	12:17:28	12:30:40	12:36:10	12:43:08	12:59:54	13:17:10	13:34:18	13:51:34	14:16:18
23	Römerstraße	Höchst	12:20:32	12:34:20	12:40:05	12:47:22	13:04:51	13:22:50	13:40:42	13:58:41	14:24:27
24	Hauptstrasse /Brücke /Grenzübergang	Höchst	12:23:36	12:38:00	12:44:00	12:51:36	13:09:48	13:28:30	13:47:06	14:05:48	14:32:36
25	Johannes Kesslerstr.	St. Margreten	12:26:40	12:41:40	12:47:55	12:55:50	13:14:45	13:34:10	13:53:30	14:12:55	14:40:45
26	Industriestraße	St. Margreten	12:29:44	12:45:20	12:51:50	13:00:04	13:19:42	13:39:50	13:59:54	14:20:02	14:48:54
27	Neudorfstraße	St. Margreten	12:32:48	12:49:00	12:55:45	13:04:18	13:24:39	13:45:30	14:06:18	14:27:09	14:57:03
28	Bruggerhornweg / Tennisplatz	St. Margreten	12:35:52	12:52:40	12:59:40	13:08:32	13:29:36	13:51:10	14:12:42	14:34:16	15:05:12
29	Rheindamm / Dammgasse	Fußach	12:38:56	12:56:20	13:03:35	13:12:46	13:34:33	13:56:50	14:19:06	14:41:23	15:13:21
30	Rheindamm	Fußach	12:42:00	13:00:00	13:07:30	13:17:00	13:39:30	14:02:30	14:25:30	14:48:30	15:21:30
31	Rheindamm	Fußach	12:45:04	13:03:40	13:11:25	13:21:14	13:44:27	14:08:10	14:31:54	14:55:37	15:29:39
32	Rheinstrasse / Brücke	Hard	12:48:08	13:07:20	13:15:20	13:25:28	13:49:24	14:13:50	14:38:18	15:02:44	15:37:48
33	Mockenstraße	Hard	12:51:12	13:11:00	13:19:15	13:29:42	13:54:21	14:19:30	14:44:42	15:09:51	15:45:57
34	Uferstraße / Seniorenheim	Hard	12:54:16	13:14:40	13:23:10	13:33:56	13:59:18	14:25:10	14:51:06	15:16:58	15:54:06
35	Kohlplatzstraße /Sägewerkstraße	Hard	12:57:20	13:18:20	13:27:05	13:38:10	14:04:15	14:30:50	14:57:30	15:24:05	16:02:15
36	Achstrasse	Hard	13:00:24	13:22:00	13:31:00	13:42:24	14:09:12	14:36:30	15:03:54	15:31:12	16:10:24
37	Unterer Achdam /Tennisplatz	Hard	13:03:28	13:25:40	13:34:55	13:46:38	14:14:09	14:42:10	15:10:18	15:38:19	16:18:33
38	Achweg	Bregenz	13:06:32	13:29:20	13:38:50	13:50:52	14:19:06	14:47:50	15:16:42	15:45:26	16:26:42
39	Neu Amerika / Mehrerauerstrasse	Bregenz	13:09:36	13:33:00	13:42:45	13:55:06	14:24:03	14:53:30	15:23:06	15:52:33	16:34:51
40	Mehrerauerstrasse / Kloster Mehrerau	Bregenz	13:12:40	13:36:40	13:46:40	13:59:20	14:29:00	14:59:10	15:29:30	15:59:40	16:43:00
41	Strandweg	Bregenz	13:15:44	13:40:20	13:50:35	14:03:34	14:33:57	15:04:50	15:35:54	16:06:47	16:51:09
42	Casinostadion / Hintereingang	Bregenz	13:18:48	13:44:00	13:54:30	14:07:48	14:38:54	15:10:30	15:42:18	16:13:54	16:59:18
Ziel	Casinostadion / Ziel		13:19:20	13:44:30	13:55:00	14:08:30	14:39:35	15:11:10	15:43:10	16:15:00	17:05:00