

Durchlaufzeiten 2024								Marathon			Halbmarathon			Viertelmarathon	
km	Straße	Ort	Spitze Start 9:45	Schlussläufer S1		Spitze Start 10:30	Schlussläufer S2	Herren Elite	Frauen Elite			Elite			Elite
Start	Seepromenade Lindau (B)	Lindau	00:09:45	09:55:00		10:30:00	10:40:00	00:09:45	00:09:45			10:30:00			10:30:00
1	Kreisverkehr/Auf dem Wall	Lindau	09:48:05	10:04:22		10:33:20	10:49:30	09:48:05	09:48:25			10:33:20			10:33:00
2	Ladestraße	Lindau	09:51:10	10:13:44		10:36:40	10:59:00	09:51:10	09:51:50			10:36:40			10:36:00
3	Ladestraße/Eichwaldstraße	Lindau	09:54:15	10:23:06		10:40:00	11:08:30	09:54:15	09:55:15			10:40:00			10:39:00
4	Eichwaldstraße	Lindau	09:57:20	10:32:28		10:43:20	11:18:00	09:57:20	09:58:40			10:43:20			10:42:00
5	Frauenhofer Straße/Campingplatz Zech	Lindau	10:00:25	10:41:50		10:46:40	11:27:30	10:00:25	10:02:05			10:46:40			10:45:00
6	Radweg Lochau	Lochau	10:03:30	10:51:12		10:50:00	11:37:00	10:03:30	10:05:30			10:50:00			10:48:00
7	Pipeline	Lochau	10:06:35	11:00:34		10:53:20	11:46:30	10:06:35	10:08:55			10:53:20			10:51:00
8	Pipeline	Bregenz	10:09:40	11:09:56		10:56:40	11:56:00	10:09:40	10:12:20			10:56:40			10:54:00
9	Pipeline / Milli	Bregenz	10:12:45	11:19:18		11:00:00	12:05:30	10:12:45	10:15:45			11:00:00			10:57:00
10	Minigolfplatz/Festspielhaus Bregenz	Bregenz	10:15:50	11:28:40		11:03:20	12:15:00	10:15:50	10:19:10			11:03:20			11:00:00
11	Mehrerauerstraße	Bregenz	10:18:55	11:38:02		11:06:40	12:24:30	10:18:55	10:22:35			11:06:40			
12	Mehrerauerstraße	Bregenz	10:22:00	11:47:24		11:10:00	12:34:00	10:22:00	10:26:00			11:10:00			
13	Mehrerauerstraße	Bregenz	10:25:05	11:56:46		11:13:20	12:43:30	10:25:05	10:29:25			11:13:20			
14	Achweg	Bregenz	10:28:10	12:06:08		11:16:40	12:53:00	10:28:10	10:32:50			11:16:40			
15	Unterer Achdam /Tennisplatz	Hard	10:31:15	12:15:30			13:02:30	10:31:15	10:36:15			11:20:00			
16	Achstraße	Hard	10:34:20	12:24:52	Cut-Off		12:24:52	10:34:20	10:39:40						
17	Hafenstraße	Hard	10:37:25	12:34:14			12:34:14	10:37:25	10:43:05						
18	Uferstraße (Kirche)	Hard	10:40:30	12:43:36			12:43:36	10:40:30	10:46:30						
19	Mockenstraße/Römerstein	Hard	10:43:35	12:52:58			12:52:58	10:43:35	10:49:55						
20	Rheinbrücke	Hard	10:46:40	13:02:20			13:02:20	10:46:40	10:53:20						
21	Herrenfeld	Fußach	10:49:45	13:11:42			13:11:42	10:49:45	10:56:45						
22	Kreuzacker	Höchst	10:52:50	13:21:04			13:21:04	10:52:50	11:00:10						
23	Römerstraße	Höchst	10:55:55	13:30:26			13:30:26	10:55:55	11:03:35						
24	Hauptstrasse /Caffee Schiller	Höchst	10:59:00	13:39:48			13:39:48	10:59:00	11:07:00						
25	Johannes Kesslerstr.	St. Margreten	11:02:05	13:49:10			13:49:10	11:02:05	11:10:25						
26	Industriestraße	St. Margreten	11:05:10	13:58:32			13:58:32	11:05:10	11:13:50						
27	Neudorfstraße	St. Margreten	11:08:15	14:07:54	Cut-Off		14:07:54	11:08:15	11:17:15						
28	Bruggerhornweg / Brücke	St. Margreten	11:11:20	14:17:16			14:17:16	11:11:20	11:20:40						
29	Rheindamm / Dammgasse	Fußach	11:14:25	14:26:38			14:26:38	11:14:25	11:24:05						
30	Rheindamm	Fußach	11:17:30	14:36:00			14:36:00	11:17:30	11:27:30						
31	Rheindamm	Fußach	11:20:35	14:45:22			14:45:22	11:20:35	11:30:55						
32	Rheinstrasse / Brücke	Hard	11:23:40	14:54:44			14:54:44	11:23:40	11:34:20						
33	Mockenstraße	Hard	11:26:45	15:04:06			15:04:06	11:26:45	11:37:45						
34	Uferstraße	Hard	11:29:50	15:13:28			15:13:28	11:29:50	11:41:10						
35	Kirche	Hard	11:32:55	15:22:50			15:22:50	11:32:55	11:44:35						
36	Achstrasse	Hard	11:36:00	15:32:12		11:20:00	15:32:12	11:36:00	11:48:00						
37	Unterer Achdam	Hard	11:39:05	15:41:34		11:23:20	15:41:34	11:39:05	11:51:25			11:23:20			
38	Radbrücke Bregenz	Bregenz	11:42:10	15:50:56		11:26:40	15:50:56	11:42:10	11:54:50			11:26:40			
39	Strandweg	Bregenz	11:45:15	16:00:18		11:30:00	16:00:18	11:45:15	11:58:15			11:30:00			
40	Strandweg	Bregenz	11:48:20	16:09:40		11:33:20	16:09:40	11:48:20	12:01:40			11:33:20			
41	Strandweg	Bregenz	11:51:25	16:19:02		11:36:40	16:19:02	11:51:25	12:05:05			11:36:40			
42	Stadioneingang	Bregenz	11:54:30	16:28:24		11:40:00	16:28:24	11:54:30	12:08:30			11:40:00			
Ziel	Stadion / Ziel		11:55:20	16:30:30		11:40:20	16:30:30	11:55:20	12:09:10			11:40:20			11:02:00