

Durchlaufzeiten 2025			Spitze Start 9:45	Schluss-läufer Start 09:45	km	Spitze Start 10:30	Schluss-läufer Start 10:30	Marathon		Halb-marathon	Viertel-marathon
km	Straße	Ort						Herren	Frauen		
Start	Seepromenade Lindau (B)	Lindau	00:09:45	09:55:00	Start	10:30:00	10:40:00	00:09:45	00:09:45	Elite	Elite
1	Kreisverkehr/Auf dem Wall	Lindau	09:48:05	10:04:22	1	10:33:20	10:49:30	09:48:05	09:48:25	10:30:00	10:30:00
2	Ladestraße	Lindau	09:51:10	10:13:44	2	10:36:40	10:59:00	09:51:10	09:51:50	10:33:20	10:33:00
3	Ladestraße/Eichwaldstraße	Lindau	09:54:15	10:23:06	3	10:40:00	11:08:30	09:54:15	09:55:15	10:36:40	10:36:00
4	Eichwaldstraße	Lindau	09:57:20	10:32:28	4	10:43:20	11:18:00	09:57:20	09:58:40	10:40:00	10:39:00
5	Frauenhofer Straße/Campingplatz Zech	Lindau	10:00:25	10:41:50	5	10:46:40	11:27:30	10:00:25	10:02:05	10:43:20	10:42:00
6	Radweg Lochau	Lochau	10:03:30	10:51:12	6	10:50:00	11:37:00	10:03:30	10:05:30	10:46:40	10:45:00
7	Pipeline	Lochau	10:06:35	11:00:34	7	10:53:20	11:46:30	10:06:35	10:08:55	10:50:00	10:48:00
8	Pipeline	Bregenz	10:09:40	11:09:56	8	10:56:40	11:56:00	10:09:40	10:12:20	10:53:20	10:51:00
9	Pipeline / Milli	Bregenz	10:12:45	11:19:18	9	11:00:00	12:05:30	10:12:45	10:15:45	10:56:40	10:54:00
10	Minigolfplatz/Festspielhaus Bregenz	Bregenz	10:15:50	11:28:40	10	11:03:20	12:15:00	10:15:50	10:19:10	11:00:00	10:57:00
11	Mehrerauerstraße	Bregenz	10:18:55	11:38:02	11	11:06:40	12:24:30	10:18:55	10:22:35	11:03:20	11:00:00
12	Mehrerauerstraße	Bregenz	10:22:00	11:47:24	12	11:10:00	12:34:00	10:22:00	10:26:00	11:06:40	
13	Mehrerauerstraße	Bregenz	10:25:05	11:56:46	13	11:13:20	12:43:30	10:25:05	10:29:25	11:10:00	
14	Achweg	Bregenz	10:28:10	12:06:08	14	11:16:40	12:53:00	10:28:10	10:32:50	11:13:20	
15	Unterer Achdam /Tennisplatz	Hard	10:31:15	12:15:30	15		13:02:30	10:31:15	10:36:15	11:16:40	
16	Achstraße (Wende Halbmarathon)	Hard	10:34:20	12:24:52	Cut-Off		12:24:52	10:34:20	10:39:40	11:20:00	
17	Hafenstraße	Hard	10:37:25	12:34:14			12:34:14	10:37:25	10:43:05		
18	Uferstraße (Kirche)	Hard	10:40:30	12:43:36			12:43:36	10:40:30	10:46:30		
19	Mockenstraße/Römerstein	Hard	10:43:35	12:52:58			12:52:58	10:43:35	10:49:55		
20	Rheinbrücke	Hard	10:46:40	13:02:20			13:02:20	10:46:40	10:53:20		
21	Herrenfeld	Fußach	10:49:45	13:11:42			13:11:42	10:49:45	10:56:45		
22	Kreuzacker	Höchst	10:52:50	13:21:04			13:21:04	10:52:50	11:00:10		
23	Römerstraße	Höchst	10:55:55	13:30:26			13:30:26	10:55:55	11:03:35		
24	Hauptstrasse /Caffee Schiller	Höchst	10:59:00	13:39:48			13:39:48	10:59:00	11:07:00		
25	Johannes Kesslerstr.	St. Margreten	11:02:05	13:49:10			13:49:10	11:02:05	11:10:25		
26	Industriestraße	St. Margreten	11:05:10	13:58:32			13:58:32	11:05:10	11:13:50		
27	Neudorfstraße (Zentrum)	St. Margreten	11:08:15	14:07:54	Cut-Off		14:07:54	11:08:15	11:17:15		
28	Bruggerhornweg / Brücke	St. Margreten	11:11:20	14:17:16			14:17:16	11:11:20	11:20:40		
29	Rheindamm / Dammgasse	Fußach	11:14:25	14:26:38			14:26:38	11:14:25	11:24:05		
30	Rheindamm	Fußach	11:17:30	14:36:00			14:36:00	11:17:30	11:27:30		
31	Rheindamm	Fußach	11:20:35	14:45:22			14:45:22	11:20:35	11:30:55		
32	Rheinstrasse / Brücke	Hard	11:23:40	14:54:44			14:54:44	11:23:40	11:34:20		
33	Mockenstraße	Hard	11:26:45	15:04:06			15:04:06	11:26:45	11:37:45		
34	Uferstraße	Hard	11:29:50	15:13:28			15:13:28	11:29:50	11:41:10		
35	Kirche	Hard	11:32:55	15:22:50			15:22:50	11:32:55	11:44:35		
36	Achstrasse	Hard	11:36:00	15:32:12			15:32:12	11:36:00	11:48:00		
37	Unterer Achdam	Hard	11:39:05	15:41:34	16	11:23:20	15:41:34	11:39:05	11:51:25	11:23:20	
38	Radbrücke Bregenz	Bregenz	11:42:10	15:50:56	17	11:26:40	15:50:56	11:42:10	11:54:50	11:26:40	
39	Strandweg	Bregenz	11:45:15	16:00:18	18	11:30:00	16:00:18	11:45:15	11:58:15	11:30:00	
40	Strandweg	Bregenz	11:48:20	16:09:40	19	11:33:20	16:09:40	11:48:20	12:01:40	11:33:20	
41	Strandweg	Bregenz	11:51:25	16:19:02	20	11:36:40	16:19:02	11:51:25	12:05:05	11:36:40	
42	Stadioneingang	Bregenz	11:54:30	16:28:24	21	11:40:00	16:28:24	11:54:30	12:08:30	11:40:00	
Ziel	Stadion / Ziel		11:55:20	16:30:30		11:40:20	16:30:30	11:55:20	12:09:10	11:40:20	11:02:00