

Durchlaufzeiten 2024								Marathon		Halbmarathon		Viertelmarathon	
km	Straße	Ort	Spitze Start 9:45	Schlussläufer S1		Spitze Start 10:30	Schlussläufer S2	Herren Elite	Frauen Elite		Elite		Elite
Start	Seepromenade Lindau (B)	Lindau	00:09:45	09:55:00		10:30:00	10:40:00	00:09:45	00:09:45		10:30:00		10:30:00
1	Kreisverkehr/Auf dem Wall	Lindau	09:48:05	10:04:22		10:33:20	10:49:30	09:48:05	09:48:25		10:33:20		10:33:00
2	Ladestraße	Lindau	09:51:10	10:13:44		10:36:40	10:59:00	09:51:10	09:51:50		10:36:40		10:36:00
3	Ladestraße/Eichwaldstraße	Lindau	09:54:15	10:23:06		10:40:00	11:08:30	09:54:15	09:55:15		10:40:00		10:39:00
4	Eichwaldstraße	Lindau	09:57:20	10:32:28		10:43:20	11:18:00	09:57:20	09:58:40		10:43:20		10:42:00
5	Frauenhofer Straße/Campingplatz Zech	Lindau	10:00:25	10:41:50		10:46:40	11:27:30	10:00:25	10:02:05		10:46:40		10:45:00
6	Radweg Lochau	Lochau	10:03:30	10:51:12		10:50:00	11:37:00	10:03:30	10:05:30		10:50:00		10:48:00
7	Pipeline	Lochau	10:06:35	11:00:34		10:53:20	11:46:30	10:06:35	10:08:55		10:53:20		10:51:00
8	Pipeline	Bregenz	10:09:40	11:09:56		10:56:40	11:56:00	10:09:40	10:12:20		10:56:40		10:54:00
9	Pipeline / Milli	Bregenz	10:12:45	11:19:18		11:00:00	12:05:30	10:12:45	10:15:45		11:00:00		10:57:00
10	Minigolfplatz/Festspielhaus Bregenz	Bregenz	10:15:50	11:28:40		11:03:20	12:15:00	10:15:50	10:19:10		11:03:20		11:00:00
11	Strandweg	Bregenz	10:18:55	11:38:02		11:06:40	12:24:30	10:18:55	10:22:35		11:06:40		
12	Strandweg	Bregenz	10:22:00	11:47:24		11:10:00	12:34:00	10:22:00	10:26:00		11:10:00		
13	Strandweg	Bregenz	10:25:05	11:56:46		11:13:20	12:43:30	10:25:05	10:29:25		11:13:20		
14	Achweg	Bregenz	10:28:10	12:06:08		11:16:40	12:53:00	10:28:10	10:32:50		11:16:40		
15	Unterer Achdam	Hard	10:31:15	12:15:30	Cut-Off		13:02:30	10:31:15	10:36:15				
16	Auhafendamm	Hard	10:34:20	12:24:52			12:24:52	10:34:20	10:39:40				
17	Uferstraße	Hard	10:37:25	12:34:14			12:34:14	10:37:25	10:43:05				
18	Mockenstraße	Hard	10:40:30	12:43:36			12:43:36	10:40:30	10:46:30				
19	Neulandstraße	Hard	10:43:35	12:52:58			12:52:58	10:43:35	10:49:55				
20	Dorfstraße	Fußach	10:46:40	13:02:20			13:02:20	10:46:40	10:53:20				
21	Herrenfeld	Fußach	10:49:45	13:11:42			13:11:42	10:49:45	10:56:45				
22	Kreuzacker	Höchst	10:52:50	13:21:04			13:21:04	10:52:50	11:00:10				
23	Römerstraße	Höchst	10:55:55	13:30:26			13:30:26	10:55:55	11:03:35				
24	Hauptstrasse /Caffee Schiller	Höchst	10:59:00	13:39:48			13:39:48	10:59:00	11:07:00				
25	Johannes Kesslerstr.	St. Margreten	11:02:05	13:49:10			13:49:10	11:02:05	11:10:25				
26	Industriestraße	St. Margreten	11:05:10	13:58:32	Cut-Off		13:58:32	11:05:10	11:13:50				
27	Neudorfstraße	St. Margreten	11:08:15	14:07:54			14:07:54	11:08:15	11:17:15				
28	Bruggerhornweg / Brücke	St. Margreten	11:11:20	14:17:16			14:17:16	11:11:20	11:20:40				
29	Rheindamm / Dammgasse	Fußach	11:14:25	14:26:38			14:26:38	11:14:25	11:24:05				
30	Rheindamm	Fußach	11:17:30	14:36:00			14:36:00	11:17:30	11:27:30				
31	Rheindamm	Fußach	11:20:35	14:45:22			14:45:22	11:20:35	11:30:55				
32	Rheinstrasse / Brücke	Hard	11:23:40	14:54:44			14:54:44	11:23:40	11:34:20				
33	Mockenstraße	Hard	11:26:45	15:04:06			15:04:06	11:26:45	11:37:45				
34	Uferstraße	Hard	11:29:50	15:13:28			15:13:28	11:29:50	11:41:10				
35	Kohlplatzstraße /Sägewerkstraße	Hard	11:32:55	15:22:50			15:22:50	11:32:55	11:44:35				
36	Achstrasse	Hard	11:36:00	15:32:12		11:20:00	15:32:12	11:36:00	11:48:00		11:20:00		
37	Unterer Achdam /Tennisplatz	Hard	11:39:05	15:41:34		11:23:20	15:41:34	11:39:05	11:51:25		11:23:20		
38	Achweg	Bregenz	11:42:10	15:50:56		11:26:40	15:50:56	11:42:10	11:54:50		11:26:40		
39	Neu Amerika / Mehrrauerstrasse	Bregenz	11:45:15	16:00:18		11:30:00	16:00:18	11:45:15	11:58:15		11:30:00		
40	Mehrrauerstrasse / Trainingsplatz	Bregenz	11:48:20	16:09:40		11:33:20	16:09:40	11:48:20	12:01:40		11:33:20		
41	Strandweg	Bregenz	11:51:25	16:19:02		11:36:40	16:19:02	11:51:25	12:05:05		11:36:40		
42	Stadion / Hintereingang	Bregenz	11:54:30	16:28:24		11:40:00	16:28:24	11:54:30	12:08:30		11:40:00		
Ziel	Stadion / Ziel	Bregenz	11:55:20	16:30:30		11:40:20	16:30:30	11:55:20	12:09:10		11:40:20		11:02:00